



# Ollie's News



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Do you require a paper copy of this newsletter? If so please let Mrs Cocks know.

### What have we been up to at Ollie's:

We have been exploring Autumn here at Ollie's and around the setting there have been autumnal additions such as conkers, leaves and pine cones to encourage your child's enquiring mind. Hedgehogs have been very popular and you can see some fabulous examples of childrens' cutting skills as they have created "prickles" on the hedgehogs they have created. The hedgehog theme continued with a story called "One Winters Day" which was all about being kind to others. On our "floor book" which is on the sound table you will see how the children have drawn various characters from the book, as they have recalled the story. They have also learnt about the word "nocturnal."

You could carry on this learning at home as you are out and about with your child. It's good for them to chat about the world around them, so talk about the changes in the weather and the seasons and how the trees are changing. With the fallen leaves, acorns and conkers etc., you could make a picture at home and bring it to us here at Ollie's - we would love to see it! Also, in your child's locker you will find a bag to collect Autumnal items and we would love it if you could bring them in to nursery too!

In group time this week we have been looking at rhyming, and how they are words that sound the same such as "fox and box, goat and boat." Please carry this on at home, and if the story books you read to your children have rhyming words, please talk to your child about them.

Letters and sounds, numbers: We have started our letter and sounds. Whilst we send out a sheet with the phonic sound detailed on it you may want to hear the sound you are focusing on with your child, so please take a look at <https://www.youtube.com/watch?v=EYx1CyDMZSc&t=2s> for extra guidance. We don't recommend teaching the "Alphabet Song" to your child as this can cause some confusion. The children really enjoy using the items they bring in from home to support their learning of the sound. As the children do have access to the sound table, it is advisable not to bring anything to precious. You may wish to take a photo instead and send it to your child's key person to print off as we could use that as well. Our next sound will be the letter "a" starting on the 1 October.

Nursery Register: Could you please ensure that you sign your child in and out of nursery at the start and end of the day? If you are unaware of the signing procedure, please ask a member of staff - could you also pass this information to others who may drop off/collect your child.

Stay and Play: Our next "Stay and Play" will be Tuesday 9 October at 9am until 10am. Why not come and see your child in their learning environment and join in the fun?

Illness: It is the time of year of coughs and colds. Here at Ollie's we do not administer "Calpol/paracetamol" and would request that should your child be needing "some magic medicine" to get them through a day at nursery because they are unwell, that they remain at home. Also, should your child be suffering from sickness and/or diarrhoea then we request that they remain at home for 48 hours from the last bout of illness. (This differs to Goosnargh Oliverson's policy). Thank you for your support in this.

**Tempest Photography:** On the 3 October Tempest Photography will be in school to take individual children photographs and sibling groups. If your child is in nursery we shall arrange for their photo to be taken, if they are not in nursery and you would like them to have their picture taken please go straight into school at 8.30am and make your way to the school hall. Tempest will also be joining us here in nursery on the 5<sup>th</sup> February 2019 - we shall of course send out further information nearer the time.

You are not obligated to purchase the photos that are taken, and if you do not wish your child to have their photo taken please let us know.

**Goosnargh Oliverson's Open Evening:** We shall be joining Goosnargh Oliverson's for their Open Evening on Wednesday 10 October 5pm-7pm. Please feel free to come and have a look around school and visit us in nursery - no appointments necessary!

**Potty training:** We shall always work with you to support you with your child's potty training. If you require further advice on this, please check out the following website which has some helpful tips and information.

<https://www.eric.org.uk/Pages/Category/potty-training>

**Spare Clothes:** Please send your child with a full change of clothing, including socks, each time they come to Ollie's and **if they borrow ours, please return them as soon as possible.**

### ADVICE ON STAYING HEALTHY FOR YOU AND YOUR FAMILY.

**Peanut Allergy:** We have a child who attends nursery who has an allergy to peanuts. Please could I ask that NO food is brought into nursery that contains peanuts.

**Allergens:** It is essential that you notify us of any allergies that your child develops; we have a snack menu which includes all allergen information for you and is available to view on the whiteboard near the signing in book.

**Change4Life:** As you will have probably heard or seen on the news, obesity in children continues to be on the rise, so to give your child the best start in life, the government are offering further guidance to support parents/carers. Snacks can often prove to be a challenge, so they have listed some ideas of 100 calorie snacks, and you can find more information concerning this at <https://www.nhs.uk/change4life/food-facts/healthier-snacks-for-kids/100-calorie-snacks>.

**Packed Lunches:** The packed lunch can sometimes be one of the hardest things to get right in order to offer your child a nutritional and healthy meal. Lunchbox ideas are available at <https://www.nhs.uk/change4life/recipes/healthier-lunchboxes> please take a look.

**Smile4Life:** Please ensure your child brings **water** in their water bottle and **not** juice/cordial as it is recommended that drinks that contain sugar should be had at a mealtime so your children's teeth have limited "sugar hits". We also supply water and milk so don't worry, your child will not go thirsty!

Why not follow the link to download the sugar app - the results may surprise you!

<http://www.nhs.uk/change4life-beta/campaigns/sugar-smart/home> and the "smart recipes" from the NHS for healthy meal ideas for your family - <http://www.nhs.uk/change4life/pages/meal-planner-recipe-finder-app.aspx>. Our Smile4Life co-ordinator is Mrs Smith.

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**Breakfast Club and After School Club:** Please could I ask that you direct ALL bookings and enquiries through Mrs Terrins. Mrs Terrins is available on a Monday and Tuesday and the mornings of Thursday and Friday. Her email address is [s.terrins@olliestrust.com](mailto:s.terrins@olliestrust.com). Should you have any queries regarding bookings and invoices, please direct your enquiry to Mrs Terrins. Thank you.

**AFTER SCHOOL CLUB:** If your child attends a club after school before coming to join us in our after school club, please could you let Mrs Shepherd know in advance. Thank you.

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**Goosnargh Ducklings:** Are you stuck for something to do on a Monday or Friday morning? Why not support your local play group who run sessions from 9am - 11am in the village hall? For more information, they have a facebook page "Goosnargh Ducklings Baby and Toddler Group."

**Use of mobile phones in nursery:** Please could I remind ALL parents that mobile phones should NOT be used in nursery, if you really need to take a call then please go outside - this is in line with our policy. Please pass this message on to others who may drop off/collect. Thank you.

**Contact details:** Have your contact details changed? If so, please let a member of staff know, thank you.

**Diary Dates:**

28.9.18 School assembly 9am

3.10.18 Tempest Photography in school

9.10.18 Stay and Play 9am-10am

19.10.18 Close for half term holidays

29.10.18 Inset day in school and Ollie's

30.10.18 Ollie's re-opens.

**Contact** – general emails enquiries to [olliestrust@hotmail.co.uk](mailto:olliestrust@hotmail.co.uk)

Phone - 01772 866415 or 07584901562.

Thank you for taking the time to read our news and please ensure you give us your email address or request a paper copy so that you can continue to keep up to date.