

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily and where schools require one, a filled baked potato or a range of hot sandwiches wraps or Paninis.

Week 1	Monday	JP Tuesday	Wednesday	JP Thursday	Friday Favourites						
	Choice 1	Pork Meatballs in Onion Gravy	Creamed Potatoes & Peas	BBQ Chicken & Salad Wrap	Crispy Diced Potatoes & Coleslaw	Roast Chicken with Sage & Onion Stuffing & Gravy	Roast Potatoes Baton Carrots & Spring Cabbage	Farmhouse Brunch	Hash Browns & Beans	Lancashire Beef Burger on a Bun with Tomato Ketchup	Chunky Chips or New Potatoes & Garden Peas
	Choice 2	Ploughman's Picnic (v)	Tortilla Chips & Crudites	Homemade Pizza Margherita (v)	Baked Potato Wedges & Broccoli	Butter Pie with Cheese (v)	Red Cabbage & Baked Beans	Red Pepper & Tomato Pasta (v)	Garlic Dough Balls & Green Salad	Chip Shop Crispy Battered Fish Fillet	Chunky Chips or New Potatoes & Garden Peas
	Desserts	Raspberry Buns	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Lemon Drizzle Cake	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Cook's Choice of Muffin (GF)	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Cheese & Biscuits & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Ice Cream Tub & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Week 2	Meat-Free Monday	JP Tuesday	Wednesday	JP Thursday	Friday Favourites						
	Choice 1	Crispy Fish Goujons	Potato Wedges & Sweetcorn	Jumbo Fish Finger & Salad Wrap	Roasted New Potatoes & Garden Peas	Roast Beef with Yorkshire Pudding & Gravy	Creamed Potatoes Baton Carrots & Broccoli	Homemade Chicken Korma	Mixed Rice & Naan Bread	Farm Assured Sausage on a Bun with Tomato Ketchup (v option available)	Chunky Chips or New Potatoes & Garden Peas
	Choice 2	Homemade Pizza Margherita (v)	Crispy Diced Potatoes & Salad	Tomato Pasta (v)	Garlic Bread & Green Salad	Hot Filled Sub Roll (v)	Tortilla Chips & Coleslaw	Cheese Whirl (v)	Baked Potato Wedges & Baked Beans	Bubble Coated Salmon Fillet	Chunky Chips or New Potatoes & Mushy Peas
	Desserts	Chocolate Ice Cream Roll & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Homemade Shortbread Biscuit & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fruit Jelly	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Chocolate & Mandarin Sponge	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Cook's Choice of Cookie & Milkshake	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Week 3	Monday	JP Tuesday	Wednesday	JP Thursday	Friday Favourites						
	Choice 1	Farm Assured Chicken Breast Goujon Wrap	Baked Potato Wedges & Sweetcorn & Green Beans	Quorn Curry (v)	Mixed Rice & Naan Bread	Roast Pork with Sage & Onion Stuffing & Gravy	Creamed Potatoes Spring Cabbage & Baton Carrots	Chicken Tikka Masala	Mixed Rice & Naan Bread	Meatball Marinara Sub Roll	Chunky Chips or New Potatoes & Garden Peas
	Choice 2	Homemade Cheese Flan (v)	Roasted New Potatoes & Baked Beans	Homemade Pizza Margherita (v)	Crispy Diced Potatoes Peas & Sweetcorn	Choice of Assorted Sandwiches & Wraps (v option available)	Tortilla Chips & Crudites	Tomato & Mascarpone Pasta (v)	Garlic Bread & Side Salad	Birds Eye Fish Fingers	Chunky Chips or New Potatoes & Garden Peas
	Desserts	Cook's Choice of Cookie & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Chocolate Cookie (GF)	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Peach Melba	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fruity Flapjack	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Summer Treat Dessert	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Weekly Menu Cycle

- Week 1
- Week 2
- Week 3

April/May/June

Mon	Tue	Wed	Thur	Fri
30	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	1

June/July

Mon	Tue	Wed	Thur	Fri
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
2	3	4	5	6

July/Aug

Mon	Tue	Wed	Thur	Fri
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1	2	3
6	7	8	9	10

Aug/Sept

Mon	Tue	Wed	Thur	Fri
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31
3	4	5	6	7
10	11	12	13	14

Sep/Oct

Mon	Tue	Wed	Thur	Fri
17	18	19	20	21
24	25	26	27	28
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19

Oct/Nov

Mon	Tue	Wed	Thur	Fri
22	23	24	25	26
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23

Nov/Dec

Mon	Tue	Wed	Thur	Fri
25	26	27	28	29
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.